

COVID-19 NEW ADVICE (v4) 17TH JANUARY 2022

I have ONE of the COVID symptoms

- A high temperature
- A new cough
- Loss of taste
- Loss of smell

I have NO COVID symptoms and did a routine LFD test.

You **must** get a PCR.

You **must** isolate until you get the result.

Household/work colleagues/peers continue as normal IF they are fully vaccinated and/or aged between 5—18 years and 6 months.

The result is POSITIVE.

You **must** isolate. You do not need to book a PCR.

You must follow the advice for positive PCR.

The result is **POSITIVE**

If you are fully vaccinated and/or aged between 5—18 years and 6 months you must isolate for 10 days OR you can take a LFD test on Day 5 and on Day 6 (24 hrs apart) and if both results are negative and if you do not have a high temperature you can stop isolating as soon as you get the Day 6 negative result.

The result is NEGATIVE

You can continue as normal.

CLOSE CONTACTS of a positive COVID-19 case are NOW (11 Jan 2022) advised to take daily LFD tests for 7 days and continue as normal UNLESS they have a positive LFD test or have at least one COVID symptom—if this is the case follow the flowchart from the beginning.